

**GROUP SCHEDULE
WEEK OF June 10 - June 14**

<i>Day/Time</i>	<i>TOPIC or Process</i>	<i>FACILITATOR</i>
MON June 10		
11:00am-12:00pm	PAWS	Nevin
2:00pm-2:50pm	Addictions: What's Next?	Kerri
3:00pm-3:50pm	Relapse Process	Kerri
4:00pm-4:50pm		Michele
5:30pm-6:20pm		Michele
TUE June 11		
10:00am-11:00am	Progression of Use	Nevin
2:00pm-2:50pm	Grief and Loss	Michele
3:00pm-3:50pm	Positive Self Affirmations	Michele
4:00pm-4:50pm	Recovery Process	Kerri
5:30 pm-6:20pm	Anger Umbrella	Kerri
WED June 12		
11:00am-11:50am	Red Road Step Study	Kerri
NOON	Open WELLBRIETY MEETING	Not Treatment
1:00pm-1:50pm		Sara
2:00pm-2:50pm	Sleep and Recovery	Nevin
3:00pm-3:50pm	Relaxation and you	Nevin
THU June 13		
11:00am-11:50am	Men's Recovery	Michele
2:00pm-2:50pm	Anger and Emotions	Kerri
3:00pm-3:50pm	Beading in Recovery	Michele
4:00pm-4:50pm	Sleep Routine	Nevin
5:30pm-6:20pm	Grief and Loss	Nevin
Fri June 14		
CLOSED		
NOON	HERMAN DILLON SR. DAY	Not Treatment
1:00pm-1:50pm		Keri
2:00pm-2:50pm		Michele
3:00pm-3:50pm		Nevin

Schedule also posted at eptha.com

Walk-In Assessment Times

Monday, Tuesday and Thursday 1pm

Wednesday and Friday 10am

Walk-in Assessments are 1-2 hours in length. Please arrive 15 minutes early. You must be on time or may be asked to come back another day.

Orientation Group- All new clients must attend 1 time. Group is offered Mon, Wed & Fri after each assessment.

Reminders:

Sober support slips are due by last day of the month.

It is your responsibility to schedule individual session.

**GROUP SCHEDULE
WEEK June 17 - 21**

<i>Day/Time</i>	<i>TOPIC or Process</i>	<i>FACILITATOR</i>
MON June 17		
11:00am-12:00pm	Goal Setting	Nevin
2:00pm-2:50pm	True Colors	Sara/Kerri
3:00pm-3:50pm	Open Process	Michele/Kerri
4:00pm-4:50pm	Grief and Loss	Michele
5:30pm-6:20pm	Healthy Boundaries	Michele
TUE June 18		
10:00am-11:00am	Relapse Prevention Plans	Nevin
2:00pm-2:50pm	Chain Analysis	Michele
3:00pm-3:50pm	Maintenance Plan	Michele
4:00pm-4:50pm	Robin Hood Morality	Kerri
5:30 pm-6:20pm	Distorted Perceptions	Kerri
WED June 19		
11:00am-11:50am	Red Road Step Study	Kerri
NOON	Open WELLBRIETY MEETING	Not Treatment
1:00pm-1:50pm	Distress Tolerance	Sara
2:00pm-2:50pm	Recovery Stuck Points	Nevin
3:00pm-3:50pm	Time Management	Nevin
THU June 20		
11:00am-11:50am	Women's Recovery	Michele
2:00pm-2:50pm	What's Working	Kerri
3:00pm-3:50pm	Beading in Recovery	Michele
4:00pm-4:50pm	Parenting in Recovery	Nevin
5:30pm-6:20pm	Understanding Fear	Nevin
FRI June 21		
NOON	OPEN WELLBRIETY MEETING	Not Treatment
1:00pm-2:50pm	Playing in Recovery	Kerri
2:00pm-2:50pm	Open Process	Michele
3:00pm-3:50pm	Walk and Talk	Nevin

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