

VIRTUAL WELLNESS WEDNESDAYS
October 2021
12:00 pm to 1:00 pm

DATE		Employee
Oct 6	<p style="text-align: center;">Introduction to Beading with Alicia Wright -Class is FULL- https://eptha.zoom.us/meeting/register/tJ0qfumgrj8pHtlx-SnwRRRbm9WNkAMe447I</p>	Mike & Courtney
Oct 13	<p style="text-align: center;">Introduction to Beading Part 2 with Alicia Wright (Deadline to register is September 23) https://eptha.zoom.us/meeting/register/tZMldu2qpzssHtPfgC5YBxc_U8DEjbtH1EmM</p>	Alicia
Oct 20	<p style="text-align: center;">Be Fit Together with Mike Williams https://eptha.zoom.us/meeting/register/tJEkd-6pqjMuHtBSKpjPvYYIoGF0TU_ZxhWg</p>	Mike & Courtney
Oct 27	<p>Pumpkins! Enjoying this Delicious Fall Food with Cooking Demo and Recipes https://eptha.zoom.us/meeting/register/tZcrf--hqjggGNzYGocbjUhgWYVQcMV-1m-</p>	Bonnie & Charlene
	<p><u>Schedule posted under Community Health at www.eptha.com</u> <u>All Zoom Groups require registration. Below are some instructions:</u></p> <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to the employee name. 2. Hyperlink will take you to Zoom registration page. 3. Complete registration for group. 4. You will need valid email for registration. 5. Once registered you will receive an email confirming registration. 6. At time of event open email and click on the link and begin—see you there! <p>Note: it is not necessary to use the Zoom app to listen in, your email registration will also include a call-in phone number.</p>	