

**ZOOM GROUP SCHEDULE****WEEK OF October 25-29**

<b>Day/Time</b>	<b>TOPIC or Process</b>	<b>FACILITATOR</b>
<b>MON Oct 25</b>		
10:00am-10:50am	<b>Men's Support</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0tcuGrpzluEtW02vKKTqpphSxXLMKhMPjz">https://eptha.zoom.us/meeting/register/tZ0tcuGrpzluEtW02vKKTqpphSxXLMKhMPjz</a>	Nevin
11:00am-11:50am	<b>Family Roles</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYpdu2urzsjGNzL84W4_AcZUBNKj0jI4NCt">https://eptha.zoom.us/meeting/register/tZYpdu2urzsjGNzL84W4_AcZUBNKj0jI4NCt</a>	Samantha
12:00pm-12:50pm	<b>Red Road Step Study</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYtdeypqD8jHdylkUrEa7KZhNXNUOlpXBgX">https://eptha.zoom.us/meeting/register/tZYtdeypqD8jHdylkUrEa7KZhNXNUOlpXBgX</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0ud-qqrjoqG9XGmvlBh3LzzKRiSb1z71Wv">https://eptha.zoom.us/meeting/register/tZ0ud-qqrjoqG9XGmvlBh3LzzKRiSb1z71Wv</a>	Nevin
<b>TUE Oct 26</b>		
11:00am-11:50am	<b>Positive Warriors &amp; Negative Warriors</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEuc--urDMtGN2SVyP6Ouf0ZBADfChe_UJP">https://eptha.zoom.us/meeting/register/tZEuc--urDMtGN2SVyP6Ouf0ZBADfChe_UJP</a>	Samantha
12:00pm-12:50pm	<b>What's Working?</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0vfu6vrzoqHtfl_I_Qqvw_bd4Qg9W68LFt">https://eptha.zoom.us/meeting/register/tZ0vfu6vrzoqHtfl_I_Qqvw_bd4Qg9W68LFt</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAlcOGgrDwoE9Dx5SDE7R3gDw45JRaJz6no">https://eptha.zoom.us/meeting/register/tZAlcOGgrDwoE9Dx5SDE7R3gDw45JRaJz6no</a>	Nevin
2:00pm-2:50pm	<b>No Group</b>	
<b>WED Oct 27</b>		
10:00am-10:50am	<b>Social Media &amp; Addiction</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZApc-GprTkrHNE_zPC3SW3MWYN0KIAqo8vr">https://eptha.zoom.us/meeting/register/tZApc-GprTkrHNE_zPC3SW3MWYN0KIAqo8vr</a>	Nevin
11:00pm-11:50pm	<b>Learned Behaviors of Addicted Families</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0vfu6vrzoqHtfl_I_Qqvw_bd4Qg9W68LFt">https://eptha.zoom.us/meeting/register/tZ0vfu6vrzoqHtfl_I_Qqvw_bd4Qg9W68LFt</a>	Kerri
3:00pm-3:50pm	<b>Core 2</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMof-GvpzwtGtd6LY_WZgyv2Giffb5O2OZF">https://eptha.zoom.us/meeting/register/tZMof-GvpzwtGtd6LY_WZgyv2Giffb5O2OZF</a>	Samantha
4:00pm-4:50pm	<b>Learned Behaviors of Addicted Families</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUrf-6rrT8vHNfe0hZxzM-9h0d12SXqd4iN">https://eptha.zoom.us/meeting/register/tZUrf-6rrT8vHNfe0hZxzM-9h0d12SXqd4iN</a>	Kerri
<b>THU Oct 28</b>		
10:00am-10:50am	<b>Anxiety</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUrd-Copj8jEtOQ3vn9TzaXJgHB0GuyPK3O">https://eptha.zoom.us/meeting/register/tZUrd-Copj8jEtOQ3vn9TzaXJgHB0GuyPK3O</a>	Nevin
11:00pm-11:50pm	<b>No Group</b>	Kerri
1:00pm-1:50pm	<b>Open Group "Gearing Up for the Holiday Season"</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEtdeqtrz8rGddNTwbGYxYDjgOJURLO2E01">https://eptha.zoom.us/meeting/register/tZEtdeqtrz8rGddNTwbGYxYDjgOJURLO2E01</a>	Kerri
<b>FRI Oct 29</b>		
10:00am-10:50am	<b>Open Process</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUlcuqqgTwiG9bs598k1PARXekk88v4I_E6">https://eptha.zoom.us/meeting/register/tZUlcuqqgTwiG9bs598k1PARXekk88v4I_E6</a>	Nevin
12:00pm-12:50pm	<b>No Group</b>	Samantha
1:00pm-1:50pm	<b>Grounding Techniques</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUpduyurzsiHdaHDAXFGYAVcABcIKsdFT-i">https://eptha.zoom.us/meeting/register/tZUpduyurzsiHdaHDAXFGYAVcABcIKsdFT-i</a>	Samantha

**Schedule posted at [www.eptha.com](http://www.eptha.com)****All Zoom Groups require registration. Below are some instructions:**

1. Select the group you want to register for by clicking the hyperlink next to counselor name
2. Hyperlink will take you to Zoom registration page
3. Complete registration for group
4. You will need valid email and phone number for registration
5. Once registered you will be receiving email confirming registration
6. At time of group open email and click link for group and begin

<b>ZOOM GROUP SCHEDULE WEEK OF November 1-5</b>		
<b>Day/Time</b>	<b>TOPIC or Process</b>	<b>FACILITATOR</b>
<b>MON Nov 1</b>		
10:00am-10:50am	<b>Men's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMvdumurj8tGNyjr53t-rZ3M5JUjvubzVyg">https://eptha.zoom.us/meeting/register/tZMvdumurj8tGNyjr53t-rZ3M5JUjvubzVyg</a>	Nevin
11:00am-11:50am	<b>Open Process</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYrcOmgrzopH9wujRUtjaoXj81wVZ2BhL53">https://eptha.zoom.us/meeting/register/tZYrcOmgrzopH9wujRUtjaoXj81wVZ2BhL53</a>	Samantha/Nevin
12:00pm-12:50pm	<b>Red Road Step Study</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZltcuhrTkuGdwlvzGUQahXuXEyn5BaF95f">https://eptha.zoom.us/meeting/register/tZltcuhrTkuGdwlvzGUQahXuXEyn5BaF95f</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAqceGorjopHtSmUWnqG2eNpAGgaOCX94vk">https://eptha.zoom.us/meeting/register/tZAqceGorjopHtSmUWnqG2eNpAGgaOCX94vk</a>	Nevin
<b>TUE Nov 2</b>		
11:00am-11:50am	<b>Women's Recovery: Power and Control Wheel</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwvce2urzMiEtwaqhoAfgHACj1bjysVd2DG">https://eptha.zoom.us/meeting/register/tZwvce2urzMiEtwaqhoAfgHACj1bjysVd2DG</a>	Samantha
12:00pm-12:50pm	<b>Learned Behaviors of Codependents</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYkde2hqTooH9H_CHrt2g52_amHQQWs1G5">https://eptha.zoom.us/meeting/register/tZYkde2hqTooH9H_CHrt2g52_amHQQWs1G5</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYrc-isqjkrH9QupvsY_mc9mmu0liGuCfd">https://eptha.zoom.us/meeting/register/tZYrc-isqjkrH9QupvsY_mc9mmu0liGuCfd</a>	Nevin
2:00pm-2:50pm		
<b>WED Nov 3</b>		
10:00am-10:50am	<b>Positive Affirmations</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZlftuioTotHdDIVS4rqwbSI9al0aHffB3M">https://eptha.zoom.us/meeting/register/tZlftuioTotHdDIVS4rqwbSI9al0aHffB3M</a>	Nevin
11:00pm-11:50pm	<b>Addictions: What's Next?</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYpcuGpqDkpE93AaFzn5MYrd8wVQboMswvc">https://eptha.zoom.us/meeting/register/tZYpcuGpqDkpE93AaFzn5MYrd8wVQboMswvc</a>	Kerri
3:00pm-3:50pm	<b>PAWS</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwudO2rpjvG9BHW21f8NkQBUXwAB0bkYQ0">https://eptha.zoom.us/meeting/register/tZwudO2rpjvG9BHW21f8NkQBUXwAB0bkYQ0</a>	Samantha
4:00pm-4:50pm	<b>Emotional Intelligence</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEpcuirqD0uE92UIf5CpL92sCUG3f5ziQV4">https://eptha.zoom.us/meeting/register/tZEpcuirqD0uE92UIf5CpL92sCUG3f5ziQV4</a>	Kerri
<b>THUR Nov 4</b>		
10:00am-10:50am	<b>Grief and Loss</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0pd-6rpzmqHdVN9udjrxwqutMVZAXhV0Wr">https://eptha.zoom.us/meeting/register/tZ0pd-6rpzmqHdVN9udjrxwqutMVZAXhV0Wr</a>	Nevin
11:00am-11:50am	<b>Emotional Regulation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwsf-mvqD0uH9ZSzJO4gqbkSn09_TgpC9QV">https://eptha.zoom.us/meeting/register/tZwsf-mvqD0uH9ZSzJO4gqbkSn09_TgpC9QV</a>	Kerri
1:00pm-1:50pm	<b>Open Group "Just for Today"</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwsc-mgpzsqHtc31A474IOSoWJU1LefEN3S">https://eptha.zoom.us/meeting/register/tZwsc-mgpzsqHtc31A474IOSoWJU1LefEN3S</a>	Kerri
<b>FRI Nov 5</b>		
10:00am-10:50am	<b>Emotional Intelligence</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0pcO6srjsqH93vGu9PE50winPYDIDFrIh">https://eptha.zoom.us/meeting/register/tZ0pcO6srjsqH93vGu9PE50winPYDIDFrIh</a>	Nevin
12:00pm-12:50pm	<b>Positive Affirmations</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0kcumsqzsrE907XGZ0IZRUeD7rDDpwnW9E">https://eptha.zoom.us/meeting/register/tZ0kcumsqzsrE907XGZ0IZRUeD7rDDpwnW9E</a>	Samantha
2:00pm-2:50pm	<b>SMARTER Goals</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwsdOusqjkh9FLkgtlvL2RE_ECrkdWnKmf">https://eptha.zoom.us/meeting/register/tZwsdOusqjkh9FLkgtlvL2RE_ECrkdWnKmf</a>	Samantha
<p><b>Schedule posted at <a href="http://www.eptha.com">www.eptha.com</a></b></p> <p><b>All Zoom Groups need registration. Below are some instructions:</b></p> <ol style="list-style-type: none"> <li>1. Select the group you want to register for by clicking the hyperlink next to counselor name</li> <li>2. Hyperlink will take you to Zoom registration page</li> <li>3. Complete registration for group</li> <li>4. You will need valid email and phone number for registration</li> <li>5. Once registered you will be receiving email confirming registration</li> <li>6. At time of group open email and click link for group and begin</li> </ol>		