

## ZOOM GROUP SCHEDULE WEEK OF January 3-7

Day/Time	TOPIC or Process	FACILITATOR
<b>MON Jan 3</b>		
10:00am-10:50am	<b>Men's Recovery and Weekend Review</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0vd-mrrzspG9AZHMR4Qk5PMadP8Up7DmK3">https://eptha.zoom.us/meeting/register/tZ0vd-mrrzspG9AZHMR4Qk5PMadP8Up7DmK3</a>	Nevin
11:00am-11:50am	<b>Holiday Processing</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEvuyvqDqvGt3GBnpBKV-2Kq5_zj9_IsVn">https://eptha.zoom.us/meeting/register/tZEvuyvqDqvGt3GBnpBKV-2Kq5_zj9_IsVn</a>	Samantha
12:00pm-12:50pm	<b>Red Road Step Study</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEvdu6vrzosHdFCyMAAH7igPuBZptDcbfqq">https://eptha.zoom.us/meeting/register/tZEvdu6vrzosHdFCyMAAH7igPuBZptDcbfqq</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEsd-ioqzkoHtUqi8BjdeRz_IZCYHxY3mJO">https://eptha.zoom.us/meeting/register/tZEsd-ioqzkoHtUqi8BjdeRz_IZCYHxY3mJO</a>	Nevin
<b>TUE Jan 4</b>		
11:00am-11:50am	<b>Women's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwrduigrD4vHtOJiUzFbi_2eU1RBVwcNU3f">https://eptha.zoom.us/meeting/register/tZwrduigrD4vHtOJiUzFbi_2eU1RBVwcNU3f</a>	Samantha
12:00pm-12:50pm	<b>Open Group "Just for Today"</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAlceGprj0pEtKd4td-W6p6qTg4q3gPURzr">https://eptha.zoom.us/meeting/register/tZAlceGprj0pEtKd4td-W6p6qTg4q3gPURzr</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUode-trjgtE9HFBt7IZ2beMlas7tEgfoT">https://eptha.zoom.us/meeting/register/tZUode-trjgtE9HFBt7IZ2beMlas7tEgfoT</a>	Nevin
<b>WED Jan 5</b>		
10:00am-10:50am	<b>Gratitude</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMtdOiurDkpHdT2evlgWyshkkS0aciial89">https://eptha.zoom.us/meeting/register/tZMtdOiurDkpHdT2evlgWyshkkS0aciial89</a>	Nevin
11:00pm-11:50pm	<b>Anger and Emotions</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcftuCoqDgvHN1Xft-ZcGZf5BwVVfl-flw2">https://eptha.zoom.us/meeting/register/tZcftuCoqDgvHN1Xft-ZcGZf5BwVVfl-flw2</a>	Kerri
3:00pm-3:50pm	<b>Medicine Wheel</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcld-ChrTMrHtdUQpwwAIKbUpxpDQXrUZFW">https://eptha.zoom.us/meeting/register/tZcld-ChrTMrHtdUQpwwAIKbUpxpDQXrUZFW</a>	Samantha
4:00pm-4:50pm	<b>Open Group "Just for Today"</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUtdO6vrDltHtc1sifJjwSvG7mXNuQWW8x">https://eptha.zoom.us/meeting/register/tZUtdO6vrDltHtc1sifJjwSvG7mXNuQWW8x</a>	Kerri
<b>THU Jan 6</b>		
10:00am-10:50am	<b>Grief and Loss</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcof-qorT8pG93VV-7L5hsemnbPhB0ltVHF">https://eptha.zoom.us/meeting/register/tZcof-qorT8pG93VV-7L5hsemnbPhB0ltVHF</a>	Nevin
11:00pm-11:50pm	<b>Robin Hood &amp; Morality</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0ldemprDlvH9VQsWyA503eRcBFx7ThM7Ed">https://eptha.zoom.us/meeting/register/tZ0ldemprDlvH9VQsWyA503eRcBFx7ThM7Ed</a>	Kerri
1:00pm-1:50pm	<b>Core 1</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAlduGupjsiG9CjxdXrM_jK0Qy3Pt0lur-G">https://eptha.zoom.us/meeting/register/tZAlduGupjsiG9CjxdXrM_jK0Qy3Pt0lur-G</a>	Kerri
<b>FRI Jan 7</b>		
10:00am-10:50am	<b>Open Process</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAvcumvpj8oGN0mR-IZZCRIHIARQCIZNfHA">https://eptha.zoom.us/meeting/register/tZAvcumvpj8oGN0mR-IZZCRIHIARQCIZNfHA</a>	Nevin
12:00pm-12:50pm	<b>SMARTER Goals</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEkd-iqz0rGNwOGlerJZB-ubKzTokqbUBJ">https://eptha.zoom.us/meeting/register/tZEkd-iqz0rGNwOGlerJZB-ubKzTokqbUBJ</a>	Samantha
2:00pm-2:50pm	<b>Open Process</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcpcuiqrTktE9E2MpsruxMU_9u12GbQKH90">https://eptha.zoom.us/meeting/register/tZcpcuiqrTktE9E2MpsruxMU_9u12GbQKH90</a>	Samantha

**Schedule posted at [www.eptha.com](http://www.eptha.com)**

**All Zoom Groups require registration. Below are some instructions:**

1. Select the group you want to register for by clicking the hyperlink next to counselor name
2. Hyperlink will take you to Zoom registration page
3. Complete registration for group
4. You will need valid email and phone number for registration
5. Once registered you will be receiving email confirming registration
6. At time of group open email and click link for group and begin

## ZOOM GROUP SCHEDULE WEEK OF January 10-14

Day/Time	TOPIC or Process	FACILITATOR
<b>MON Jan 10</b>		
10:00am-10:50am	<b>Men's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0vduyprT0jGNzKydw8BMqBgdqEUeAl4HZB">https://eptha.zoom.us/meeting/register/tZ0vduyprT0jGNzKydw8BMqBgdqEUeAl4HZB</a>	Nevin
11:00am-11:50am	<b>Being Myself Again</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0rcuqvqT0uGdKtCQAffU2u11HMikys6Ap">https://eptha.zoom.us/meeting/register/tZ0rcuqvqT0uGdKtCQAffU2u11HMikys6Ap</a>	Samantha
12:00pm-12:50pm	<b>Red Road Step Study</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMldeirqDotGNc0B8vGnKMRB00la5JeMKAG">https://eptha.zoom.us/meeting/register/tZMldeirqDotGNc0B8vGnKMRB00la5JeMKAG</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZApce2rrjqGdGQjQdfFeQOwz0C3rjqZ2HY">https://eptha.zoom.us/meeting/register/tZApce2rrjqGdGQjQdfFeQOwz0C3rjqZ2HY</a>	Nevin
<b>TUE Jan 11</b>		
11:00am-11:50am	<b>Women's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0lduytqDlIH9AnAERomvyo0Ui1rHecGTZw">https://eptha.zoom.us/meeting/register/tZ0lduytqDlIH9AnAERomvyo0Ui1rHecGTZw</a>	Samantha
12:00pm-12:50pm	<b>Emotional Intelligence</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMlcOmsqjgsGdVg2u8tXafHsl4ldirogU-q">https://eptha.zoom.us/meeting/register/tZMlcOmsqjgsGdVg2u8tXafHsl4ldirogU-q</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYIf-GhqDwpE9fNEO8KNjP_aHksoNlpzPFq">https://eptha.zoom.us/meeting/register/tZYIf-GhqDwpE9fNEO8KNjP_aHksoNlpzPFq</a>	Nevin
<b>WED Jan 12</b>		
10:00am-10:50am	<b>Journaling</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZlvc-CtrzwjHNdPNYpPejDlf0yBYRuRR5jT">https://eptha.zoom.us/meeting/register/tZlvc-CtrzwjHNdPNYpPejDlf0yBYRuRR5jT</a>	Nevin
11:00pm-11:50pm	<b>Anger Umbrella</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYsduyrrjstE9LyOwWXz0lvk2ScIzzg8C3h">https://eptha.zoom.us/meeting/register/tZYsduyrrjstE9LyOwWXz0lvk2ScIzzg8C3h</a>	Kerri
3:00pm-3:50pm	<b>Healthy Relationships</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwoc--trDliHtZpz05mAEOLzA-bZideOgJ4">https://eptha.zoom.us/meeting/register/tZwoc--trDliHtZpz05mAEOLzA-bZideOgJ4</a>	Samantha
4:00pm-4:50pm	<b>Nutrition</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEtc-iqqT4iEtFOS6wlQhT9ctNNGA3B3Wiy">https://eptha.zoom.us/meeting/register/tZEtc-iqqT4iEtFOS6wlQhT9ctNNGA3B3Wiy</a>	Kerri
<b>THUR Jan 13</b>		
10:00am-10:50am	<b>Boundaries</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUfce-hpzluHdlDq2UtllIYXBiqiTiaBg3z">https://eptha.zoom.us/meeting/register/tZUfce-hpzluHdlDq2UtllIYXBiqiTiaBg3z</a>	Nevin
11:00am-11:50am	<b>PAWs</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUuceyrqj0oG9lpAMvRks5zoalJHBPX7zZe">https://eptha.zoom.us/meeting/register/tZUuceyrqj0oG9lpAMvRks5zoalJHBPX7zZe</a>	Kerri
1:00pm-1:50pm	<b>Family Roles</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwpcOurpzsoHtb0LJL-xtAE6sDlFEPNXgD">https://eptha.zoom.us/meeting/register/tZwpcOurpzsoHtb0LJL-xtAE6sDlFEPNXgD</a>	Kerri
<b>FRI Jan 14</b>		
10:00am-10:50am	<b>Weekend Triggers</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZlTf-Gpqj0sEtbWBEfPFzT_CoGweffw7F">https://eptha.zoom.us/meeting/register/tZlTf-Gpqj0sEtbWBEfPFzT_CoGweffw7F</a>	Nevin
12:00pm-12:50pm	<b>Red and Green Flags</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMkd-Cvpj8qHdE_4oHmqHKh8wZlwbKCaloQ">https://eptha.zoom.us/meeting/register/tZMkd-Cvpj8qHdE_4oHmqHKh8wZlwbKCaloQ</a>	Samantha
2:00pm-2:50pm	<b>The Life Choices Game</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYud-2prjstG9Wn7QXWp4L863KUa1lcmXw0">https://eptha.zoom.us/meeting/register/tZYud-2prjstG9Wn7QXWp4L863KUa1lcmXw0</a>	Samantha

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