

ZOOM GROUP SCHEDULE		
WEEK OF April 25- 29		
Day/Time	TOPIC or Process	FACILITATOR
MON April 25		
10:00am-10:50am	Men's Recovery https://eptha.zoom.us/meeting/register/tZ0rcuCorDMsGt1RnFpo3wySVztXXKiHOixS	Nevin
11:00am-11:50am	Suicide Prevention https://eptha.zoom.us/meeting/register/tZwvdOivrijuHdTu7liS2aNAZH_PdShESsse	Samantha
12:00pm-12:50pm	No Group	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZ0kc-ysqD4tHNyMnpwg7nD3T0KHRaVB8xhf	Susannah
2:00pm-2:50pm	White Bison Meditation https://eptha.zoom.us/meeting/register/tZAlcuigrzMvHdXtMbGU_9mdSk36Rg0xt5S	Darin
TUE April 26		
10:00am-10:50am	Walking the Red Road: Self Worth https://eptha.zoom.us/meeting/register/tZcpcOqvpzliGdHFqMAdVMvQF_Djc_od07Vc	Darin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZ0ud-Gtpz4uG9NL3c_VBz3ZAZQRHLqxbTbR	Samantha
12:00pm-12:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZArc-yhrTsoHNA9-nyzeBCpNZ_SG3juxrVP	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZMsdUcgrDlpGdYUy-atZ6hb3g-aE4ZzdQYD	Susannah
WED April 27		
10:00am-10:50am	Medicine Wheel https://eptha.zoom.us/meeting/register/tZclcmqrTwoG9aYyPk6yS5ul8KMYQz2j2Li	Nevin
11:00pm-11:50pm	What's Working https://eptha.zoom.us/meeting/register/tZEvdu-srzMvG9GVID2NKAc7mLuXHTTzbVIM	Kerri
3:00pm-3:50pm	Core 2 https://eptha.zoom.us/meeting/register/tZcodumrrzwoGtOT-5q-5y79Pixyc6mZmJXI	Samantha
4:00pm-4:50pm	Anger Balloons https://eptha.zoom.us/meeting/register/tZUuf-aqpwjGNOyR82_p1XlqAiAm_PPIASB	Samantha
THU April 28		
8:00am-8:50am	Morning Rituals: Setting the Tone for the Day https://eptha.zoom.us/meeting/register/tZUtduCorzwrH9GBFM0BL61xbnMEgO3qT2WR	Nevin
10:00am-10:50am	Step 4: Personal Inventory https://eptha.zoom.us/meeting/register/tZ0lf-qtrDluE9B7mxvMgnlUgLSrq5P3qA3p	Nevin
11:00pm-11:50pm	Psycho-Social Stages https://eptha.zoom.us/meeting/register/tZMtfuuvqTkiG9demCNIX0dtV2Pf8pgdkFDt	Kerri
1:00pm-1:50pm	Physical Effects of Alcohol https://eptha.zoom.us/meeting/register/tZYtdOCvrDsoHtbFiqNtJpwuEU94b0ZweHwe	Becky
FRI April 29		
10:00am-10:50am	Open Process https://eptha.zoom.us/meeting/register/tZ0pdeqvrDgJGNBjdcMElXhBINLOf4dVaV6	Nevin
11:00am-11:50am	Mental Health and Healing from Addiction https://eptha.zoom.us/meeting/register/tZcpf-6trzsrHdK2mN9yMZinnHEPpzzBp8u6	Darin
12:00pm-12:50pm	What are Boundaries? https://eptha.zoom.us/meeting/register/tZMkfuGqzstGtKackT3cDj7itzq8fjLOO2P	Samantha
2:00pm-2:50pm	Shame & Guilt https://eptha.zoom.us/meeting/register/tZMteihqiltGdVmHrF2QazyxpxDKLC450x9	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE WEEK OF May 2-6		
Day/Time	TOPIC or Process	FACILITATOR
MON May 2		
10:00am-10:50am	Men in Recovery https://eptha.zoom.us/meeting/register/tZcpduitpj4tGNwVpZBUTAJ8Q4MzA9fnfCGD	Nevin
11:00am-11:50am	Cannabis Use Disorder https://eptha.zoom.us/meeting/register/tZArdOyspjMtHN340X3mymhDTGYYQ2x5BzLj	Samantha
12:00pm-12:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZUpde2hpzksHNWwpHWsqJHT3KBcvdl5aqE-	Kerri
1:00pm-1:50pm	Orientation	Susannah
2:00pm-2:50pm	White Bison Meditation https://eptha.zoom.us/meeting/register/tZAqdu6hqjvHdy6KpZcenY1_NnO_umR0fCf	Darin
TUE May 3		
10:00am-10:50am	Cedar, Sage, and Relapse Warning Signs https://eptha.zoom.us/meeting/register/tZ0kc-mrqD0uHdMczbmJTtTVuUzfk3rfl_k	Darin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZEvdU-grj8pGdYmTAY_ZYfJwMa16u7tHAKd	Samantha
12:00pm-12:50pm	Anger & Emotions https://eptha.zoom.us/meeting/register/tZllf-CrjisiH9RXn_CDcegeb4h3MSilKNbd	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZAuc-qorz4IHdxPFYXJPXlnCwLptWnvtekD	Susannah
WED May 4		
10:00am-10:50am	Role Models and Heroes https://eptha.zoom.us/meeting/register/tZ0pcu2grDsvHdTmaxMf68c6K_788f3rAfZO	Nevin
11:00pm-11:50pm	Distorted Perceptions https://eptha.zoom.us/meeting/register/tZwtfuyhrjwsHdd7AZypARToQWvLQUyJa4X0	Kerri
3:00pm-3:50pm	Getting Your Mind Right https://eptha.zoom.us/meeting/register/tZ0rceGurTgiHdE_rY98IE_NapBh15Ue6JZ8	Samantha
4:00pm-4:50pm	Tips for Healthy Sleep https://eptha.zoom.us/meeting/register/tZErdusqzsrG9cnMyyGLegYC2zCOCWyltIT	Samantha
THUR May 5		
8:00am-8:50am	Morning Rituals https://eptha.zoom.us/meeting/register/tZAsdOusqTooGdSgDiyC5ZtXBqJpx65_e6m4	Nevin
10:00am-10:50am	Food and Mood https://eptha.zoom.us/meeting/register/tZMlfuGsqD0oGdTKJTKtXTgAzORMOLSpjHPu	Nevin
11:00am-11:50am	Room Inside of Yourself https://eptha.zoom.us/meeting/register/tZcqceitrTstHNloFtupjoJ_6fYGkol-vJr-	Kerri
1:00pm-1:50pm	SUD & Trauma https://eptha.zoom.us/j/89864335113?pwd=emRxeG9KNkh4VWjZXRDBmVTNjNHlvdz09	Becky
FRI May 6		
10:00am-10:50am	Open Process https://eptha.zoom.us/meeting/register/tZEvd-yorjrsG9wJFS69autBnLtU27HQR3tq	Nevin
11:00am-11:50am	Mind, Body, Spirit Relationships and Addiction https://eptha.zoom.us/meeting/register/tZ0kc-mrqD0uHdMczbmJTtTVuUzfk3rfl_k	Darin
12:00pm-12:50pm	Time Management https://eptha.zoom.us/meeting/register/tZAoceyqaj4pE9OoN38oFud0BZ9IB66z9dEZ	Samantha
2:00pm-2:50pm	Attachment Styles https://eptha.zoom.us/meeting/register/tZwsc-2sqj0iGtGk3t3e83KKP4SQVGmBOUIO	Samantha
	<p>Schedule posted at www.eptha.com</p> <p>All Zoom Groups require registration. Below are some instructions:</p> <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 	