

ZOOM GROUP SCHEDULE		
WEEK OF May 9-13		
Day/Time	TOPIC or Process	FACILITATOR
MON May 9	Salmon People's Day	
10:00am-10:50am	CLOSED	Nevin
11:00am-11:50am	Salmon People's Day	Samantha
12:00pm-12:50pm	CLOSED	Kerri
1:00pm-1:50pm	Salmon People's Day	Susannah
2:00pm-2:50pm	CLOSED	Darin
TUE May 10		
10:00am-10:50am	Sweet Grass, Huckleberry, and Relapse Warning Signs https://eptha.zoom.us/meeting/register/tZAvC02rrj0rHNGtWSehwPhHAdsuaRRi9aQk	Darin
11:00am-11:50am	Errors in Beliefs https://eptha.zoom.us/meeting/register/tZ0sdO6prjloHN2Pjos5gEWEYDnaKi1P-F0H	Samantha
12:00pm-12:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZwrcOqtqz4vEt33uOJ4uTt0HMUvEA2hNjx4	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZMlcuuqDltH90po1qzacQOnrzbxkKVxoZD	Susannah
WED May 11		
10:00am-10:50am	Mindfulness and Being Present https://eptha.zoom.us/meeting/register/tZYocOGgrj0oGNROlv7XetvRnM9MapuBn_JO	Nevin
11:00pm-11:50pm	Family Roles https://eptha.zoom.us/meeting/register/tZMrdu2pqjlpG9O6fkl7E7AnBsH5ztwE6iYY	Kerri
3:00pm-3:50pm	Trauma Web https://eptha.zoom.us/meeting/register/tZ0rcuihpi0sGdVS15PrG26mZ_uHHb_K1lk	Samantha
4:00pm-4:50pm	Effective Refusal Skills https://eptha.zoom.us/meeting/register/tZlpcqvqz0pGdDzJrbWaeoUxYdYJlQCKyIG	Samantha
THU May 12		
8:00am-8:50am	Creating Positive Morning Rituals https://eptha.zoom.us/meeting/register/tZlldeyggigiE9HtcdCWvsuzaoPLGH7tDZSt	Nevin
10:00am-10:50am	Developing Positive Self-talk https://eptha.zoom.us/meeting/register/tZMrdu2pqjlpG9O6fkl7E7AnBsH5ztwE6iYY	Nevin
11:00pm-11:50pm	Step 10 & Forgiveness https://eptha.zoom.us/meeting/register/tZAtfuugqzMoHNNLivnAAr_ACzOWrQ_CtlRn	Kerri
1:00pm-1:50pm	STD's and Risky Behaviors https://eptha.zoom.us/meeting/register/tZ0qdeiuqTloHdNVkzAWDedAO0S1Xop59_dN	Becky
FRI May 13		
10:00am-10:50am	Weekend Prep and Triggers https://eptha.zoom.us/meeting/register/tZYoceyupzljGdAlvqJlykPRySD9eqAopGUx	Nevin
11:00am-11:50am	Mind, Body, Spirit Relationships and Addiction https://eptha.zoom.us/meeting/register/tZwvcuirpj4rGdAG-nW_zBStZexspzNNUe_l	Darin
12:00pm-12:50pm	Road Block to Recovery https://eptha.zoom.us/meeting/register/tZMsd-GgqTsrHd2mDjOqSgVqnvx8ECxSkunw	Samantha
2:00pm-2:50pm	Alcohol Jeopardy https://eptha.zoom.us/meeting/register/tZlpcuCorD8iH9QEdPNKsNhOU3QZi7Wj2sKH	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE WEEK OF May 16-20		
Day/Time	TOPIC or Process	FACILITATOR
MON May 16		
10:00am-10:50am	Men in Recovery https://eptha.zoom.us/meeting/register/tZlhf-uprTsqHdB89avxwTiZsxEXnRN8VlNM	Nevin
11:00am-11:50am	Open Process: Start Your Week Right https://eptha.zoom.us/meeting/register/tZYoce-vrTsuGNcTGXmW1xaWGXZ17nNBO0BB	Samantha
12:00pm-12:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZltd-mqqTsuGdxQRKTc1Bv2XWZjwXdyo3Iz	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZYtcOyopj0oGNLhM2fG2KynePCul-aO3aoG	Susannah
2:00pm-2:50pm	IN PERSON GROUP: White Bison Meditation and Open Process	Darin
TUE May 17		
10:00am-10:50am	Lavender, Dandelion, and Relapse Warning Signs https://eptha.zoom.us/meeting/register/tZYtd-GrrTwuGtapn6NO1MUy9ZxmXrSKV8SI	Darin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZcpf-irqDssHdEmrLflaQmF6GAh5y8UU7aA	Samantha
12:00pm-12:50pm	IN PERSON GROUP: Beading in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZcscuigqTwqH9VS-GjFIGUVtCNuo5XsaEaD	Susannah
WED May 18		
10:00am-10:50am	Setting Healthy Boundaries https://eptha.zoom.us/meeting/register/tZwtfu6hqDkoGtMSlugooT9ytcA3XCKqN2iJ	Nevin
11:00pm-11:50pm	Relationships 101 https://eptha.zoom.us/meeting/register/tZwudOuhqD4sEtNVKhtiggF5PdYjHXkrnvPi	Kerri
3:00pm-3:50pm	No Group	Samantha
4:00pm-4:50pm	No Group	Samantha
THUR May 19		
8:00am-8:50am	Developing Morning Rituals https://eptha.zoom.us/meeting/register/tZ0sfuuuqDgjG9JEwzGWQebJAKyz7ja9TYSo	Nevin
10:00am-10:50am	Reducing Isolation https://eptha.zoom.us/meeting/register/tZUtdO-hrzwsHt0xn8do-SVS5W3Nzcv9wWHT	Nevin
11:00am-11:50am	Recovering Brain https://eptha.zoom.us/meeting/register/tZYocOmpjqrGnr32BQJhFAgm2eUzw_Go2T1	Kerri
1:00pm-1:50pm	Post-Acute Withdrawal Syndrome; PAWS and You https://eptha.zoom.us/meeting/register/tZlscuGsrjotGNY_VSFWEbeDJtAWoSO33hbD	Becky
FRI May 20		
10:00am-10:50am	IN PERSON GROUP: Open Process	Nevin
11:00am-11:50am	Mind, Body, Spirit Relationships and Addiction https://eptha.zoom.us/meeting/register/tZUtf-GrqTwuH9R4-hc4YTuwfJGdxc1edK3	Darin
12:00pm-12:50pm	Stimulant Use Disorder https://eptha.zoom.us/meeting/register/tZwvdO-orDksE9ZCTM5MeugltZT7HOD86GJT	Samantha/Becky
2:00pm-2:50pm	The Vision Quest: Searching for Meaning and Purpose https://eptha.zoom.us/meeting/register/tZEtde6rrTkvg9FclH9fZxxcR57BW4lr1sYq	Samantha/Darin
<p>Schedule posted at www.eptha.com All Zoom Groups require registration. Below are some instructions:</p> <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		