

ZOOM GROUP SCHEDULE WEEK OF August 1-5		
Day/Time	TOPIC or Process	FACILITATOR
MON Aug 1		
10:00am-10:50am	Men and Healing Family Wounds https://eptha.zoom.us/meeting/register/tZUtc-yurjoiGtbzGhawojk38prokbbkR0eXa	Nevin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZcof-6rpjkiEtB9wD4hBn0D2CsEx2P2QCVs	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZlpcOqprT0pHtbkCMuDP7U8qH4yNESEfHCn	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZ0lcuivpzkiGNYpF2-Bq37yqNX9UMIikKVL	Susannah
TUE Aug 2		
11:00am-11:50am	Rewarding Successes https://eptha.zoom.us/meeting/register/tZAudemvpjwqHNBqBsNAf9Ge9jGB1DuVcThR	Samantha
1:00pm-1:50pm	IN PERSON GROUP: Beading in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZAkde6spzqiH9Od3x52nqDT046YTDmh4H3J	Susannah
WED Aug 3		
10:00am-10:50am	IN PERSON GROUP: Managing Depression	Nevin
11:00pm-11:50pm	Stages of Relapse https://eptha.zoom.us/meeting/register/tZMscuqvqjliGtYEaqB6rm-O_wbqCA88alml	Kerri
3:00pm-3:50pm	No Group	Samantha
4:00pm-4:50pm	No Group	Samantha
THU Aug 4		
8:00am-8:50am	Morning Rituals to Set the Day https://eptha.zoom.us/meeting/register/tZYqdOioqz4vG9XDjOSi6oAuo6RAV3lud-ZD	Nevin
10:00am-10:50am	Healthy Eating and Recovery https://eptha.zoom.us/meeting/register/tZMrdeyupjMoGNKCC-2IZfy0ZtL_PpvOAXw4	Nevin
11:00pm-11:50pm	Anger and Emotions https://eptha.zoom.us/meeting/register/tZlqfu2rjstvGNFE5u73gLdCCYotimRzukZU	Kerri
1:00pm-1:50pm	No Group	Becky
FRI Aug 5		
10:00am-10:50am	Open Process: Successes and Struggles https://eptha.zoom.us/meeting/register/tZAldeCoqTktHdMrekYqQSDGyr2OAd5EhnWr	Nevin
12:00pm-12:50pm	IN PERSON GROUP: Recovery Games	Samantha/Nevin?
2:00pm-2:50pm	No Group	Samantha
<p>Schedule posted at www.eptha.com</p> <p>All Zoom Groups require registration. Below are some instructions:</p> <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE WEEK OF August 8-12		
Day/Time	TOPIC or Process	FACILITATOR
MON Aug 8		
10:00am-10:50am	Men and Communication https://eptha.zoom.us/meeting/register/tZUsc-yvrzkvGNGewHklKVJvF5w-NAcuOY3Z	Nevin
11:00am-11:50am	No Group	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZUvc-2grzlpHtPc5j97T8p25TMC1WnSJ_5r	Kerri
1:00pm-1:50pm	No Group	Susannah
TUE Aug 9		
11:00am-11:50am	No Group	Samantha
1:00pm-1:50pm	IN PERSON GROUP: Beading in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZwkc6orz0oGdGf9EnfrokjkmHZ2_rbEwxk	Nevin
WED Aug 10		
10:00am-10:50am	IN PERSON GROUP: Attitude of Gratitude	Nevin
11:00pm-11:50pm	Open Group "Just for Today" https://eptha.zoom.us/meeting/register/tZMude6srj8sGdQX00JgwtlnP4bOO5vmeSF8	Kerri
3:00pm-3:50pm	Open Process https://eptha.zoom.us/meeting/register/tZwudemuqTqjHtcWQ4Rzr2BLKSDHUHRAw6dv	Samantha
4:00pm-4:50pm	Relapse Prevention Plan https://eptha.zoom.us/meeting/register/tZ0rf-GpqD8uG9YLAE9qsQARkXcCRmjno_jP	Samantha
THUR Aug 11		
8:00am-8:50am	Morning, You, and Recovery https://eptha.zoom.us/meeting/register/tZUppceqppzMiGdf79P0t6H5bPJNliuKdqTkx	Nevin
10:00am-10:50am	Cross Addiction https://eptha.zoom.us/meeting/register/tZwkdOqrrz4iGt335-KRArW7--3fkKIXrSd1	Nevin
11:00am-11:50am	Robin Hood & Morality https://eptha.zoom.us/meeting/register/tZUkf-uqqDssH9JX2SGLQgu8P0ZSVCL_b0FQ	Kerri
1:00pm-1:50pm	No Group	
FRI Aug 12		
10:00am-10:50am	Goal Setting	Nevin
12:00pm-12:50pm	IN PERSON GROUP: Fun in Recovery	Samantha
1:00pm-1:50pm	Parenting in Recovery https://eptha.zoom.us/meeting/register/tZYqfuuqjwsGd3LCoj4TObdhDOYnYwtCJP8	Susannah
2:00pm-2:50pm	What is Boredom? https://eptha.zoom.us/meeting/register/tZ0qfu-prDMiHNSul4Sw86Wss27LqfvOJ4AO	Samantha
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