

<b>ZOOM GROUP SCHEDULE</b>		
<b>WEEK OF September 26-30</b>		
<b>Day/Time</b>	<b>TOPIC or Process</b>	<b>FACILITATOR</b>
<b>MON Sept 26</b>		
10:00am-10:50am	<b>Men and Work</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcsfu-oqD0tE9AZPcrPuhh4_PeQJWhs8iep">https://eptha.zoom.us/meeting/register/tZcsfu-oqD0tE9AZPcrPuhh4_PeQJWhs8iep</a>	Nevin/Mellisa
11:00am-11:50am	<b>Self-Talk in Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAscOmqqz8qHdwxpVIRPJzn61GvdZ1Womlt">https://eptha.zoom.us/meeting/register/tZAscOmqqz8qHdwxpVIRPJzn61GvdZ1Womlt</a>	Samantha
1:00pm-1:50pm	<b>No Group</b>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwofu-spzIqE9ZyUZpW2xxQyIDivFGI-OB8">https://eptha.zoom.us/meeting/register/tZwofu-spzIqE9ZyUZpW2xxQyIDivFGI-OB8</a>	Susannah
2:00pm-2:50pm	<b>Working a Program</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAldOqtqDstHtBq-a4NeTzxzQTPTONARPeY">https://eptha.zoom.us/meeting/register/tZAldOqtqDstHtBq-a4NeTzxzQTPTONARPeY</a>	Mellisa
<b>TUE Sept 27</b>		
11:00am-11:50am	<b>Women's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEKdeuprjggEtHhjNRWFd8bZ4XFV9BRCNF5">https://eptha.zoom.us/meeting/register/tZEKdeuprjggEtHhjNRWFd8bZ4XFV9BRCNF5</a>	Samantha
1:00pm-1:50pm	<b>No Group</b>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYvduCrgjMpH9fi7WM1JzwV2PdtDREXjSXZ">https://eptha.zoom.us/meeting/register/tZYvduCrgjMpH9fi7WM1JzwV2PdtDREXjSXZ</a>	Susannah
4:00pm-4:50pm	<b>Medicated Assisted Treatment</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZMldOGsqj4tE9GroElituu4Uxhaaav3eghC">https://eptha.zoom.us/meeting/register/tZMldOGsqj4tE9GroElituu4Uxhaaav3eghC</a>	Mellisa
<b>WED Sept 28</b>		
10:00am-10:50am	<b>IN PERSON GROUP</b> <b>Open Process</b>	Nevin
11:00pm-11:50pm	<b>No Group</b>	Kerri
3:00pm-3:50pm	<b>Attachment Styles</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZYocOqurDkqHNSqSKSckZQxHL02wd5kqFwW">https://eptha.zoom.us/meeting/register/tZYocOqurDkqHNSqSKSckZQxHL02wd5kqFwW</a>	Samantha
4:00pm-4:50pm	<b>Gratitude is Medicine</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZlocuyuqDlrGNL9GexWJesYAvN2pVMMJATI">https://eptha.zoom.us/meeting/register/tZlocuyuqDlrGNL9GexWJesYAvN2pVMMJATI</a>	Samantha
<b>THU Sept 29</b>		
8:00am-8:50am	<b>Good Morning and My Day</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAduuvuqDwtGNvVhiLCer9FjHuLuTRE61oS">https://eptha.zoom.us/meeting/register/tZAduuvuqDwtGNvVhiLCer9FjHuLuTRE61oS</a>	Nevin
10:00am-10:50am	<b>Assertive or Aggressive Communication?</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEsf-yuqT8sG9AdGruQeshSQ_NRQo03LpRf">https://eptha.zoom.us/meeting/register/tZEsf-yuqT8sG9AdGruQeshSQ_NRQo03LpRf</a>	Nevin
11:00pm-11:50pm	<b>No Group</b>	Kerri
1:00pm-1:50pm	<b>No Group</b>	Mellisa
<b>FRI Sept 30</b>		
10:00am-10:50am	<b>NO GROUPS</b>	Nevin
10:00am-11:50am	<b>CLOSED</b>	Kerri
12:00pm-12:50pm	<b>No Groups</b>	Samantha
1:00pm-1:50pm	<b>CLOSED</b>	Mellisa
2:00pm-2:50pm	<b>No Groups</b>	Samantha

Schedule posted at [www.eptha.com](http://www.eptha.com)

**All Zoom Groups require registration. Below are some instructions:**

1. Select the group you want to register for by clicking the hyperlink next to counselor name
2. Hyperlink will take you to Zoom registration page
3. Complete registration for group with password: puyallup
4. You will need valid email for registration
5. Once approved you will be receiving email with link for group
6. At time of group open email and click link for group and begin

<b>ZOOM GROUP SCHEDULE WEEK OF October 3-7</b>		
<b>Day/Time</b>	<b>TOPIC or Process</b>	<b>FACILITATOR</b>
<b>MON Oct 3</b>		
10:00am-10:50am	<b>Men in Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwpce6sqzluHdZo4FDWduYBjM8RYSVPeoz0">https://eptha.zoom.us/meeting/register/tZwpce6sqzluHdZo4FDWduYBjM8RYSVPeoz0</a>	Nevin
11:00am-11:50am	<b>Women's Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUkd-GogjivE9c7VVAO3aaHIKrhMwRfPyV2">https://eptha.zoom.us/meeting/register/tZUkd-GogjivE9c7VVAO3aaHIKrhMwRfPyV2</a>	Samantha
1:00pm-1:50pm	<b>Red Road Step Study</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZcsf-CrqzoiGdNpeMYprWsU8MPCMXtcHOhh">https://eptha.zoom.us/meeting/register/tZcsf-CrqzoiGdNpeMYprWsU8MPCMXtcHOhh</a>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAkdeypqT0iHdASq3-jocAryy4gj23oC7qh">https://eptha.zoom.us/meeting/register/tZAkdeypqT0iHdASq3-jocAryy4gj23oC7qh</a>	Susannah
2:00pm-2:50pm	<b>Sober Support</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZEvC-qpqzovHdQx2Qi3MYUpRgtSBTOQUymc">https://eptha.zoom.us/meeting/register/tZEvC-qpqzovHdQx2Qi3MYUpRgtSBTOQUymc</a>	Mellisa
<b>TUE Oct 4</b>		
11:00am-11:50am	<b>Positive and Negative Warriors</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0tc-6trT0iH9bzHq44RPWwX7xN_WH1DOX5">https://eptha.zoom.us/meeting/register/tZ0tc-6trT0iH9bzHq44RPWwX7xN_WH1DOX5</a>	Samantha
1:00pm-1:50pm	<b>IN PERSON GROUP Native Crafting</b>	Kerri
1:00pm-1:50pm	<b>Orientation</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZlsduGqgTwuE9HaLHCluENbcbzLDsHP0a-g">https://eptha.zoom.us/meeting/register/tZlsduGqgTwuE9HaLHCluENbcbzLDsHP0a-g</a>	Susannah
4:00pm-4:50pm	<b>Co-Occurring: What is it?</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0tdu-prT0vHNTHZuKzvv32_xhjOD238P96">https://eptha.zoom.us/meeting/register/tZ0tdu-prT0vHNTHZuKzvv32_xhjOD238P96</a>	Mellisa
<b>WED Oct 5</b>		
10:00am-10:50am	<b>IN PERSON GROUP Families in Recovery</b>	Nevin
11:00pm-11:50pm	<b>Meditation Cards</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwvcO6hrTkiGtA7aUhvBTIZ1a6CKC-LSkxD">https://eptha.zoom.us/meeting/register/tZwvcO6hrTkiGtA7aUhvBTIZ1a6CKC-LSkxD</a>	Kerri
3:00pm-3:50pm	<b>Grudges and Resentments in Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZckcO-hrj4uHtdC06jzRiWzswL9bMsFL21i">https://eptha.zoom.us/meeting/register/tZckcO-hrj4uHtdC06jzRiWzswL9bMsFL21i</a>	Samantha
4:00pm-4:50pm	<b>Family Roles</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAtdOCprzkrHNe6wqaOziCViivBQ5DoA9_E">https://eptha.zoom.us/meeting/register/tZAtdOCprzkrHNe6wqaOziCViivBQ5DoA9_E</a>	Samantha
<b>THUR Oct 6</b>		
8:00am-8:50am	<b>Morning Rituals for Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZAKc-2srTkrHt1_ST4ljaix7ZcRulGZca52">https://eptha.zoom.us/meeting/register/tZAKc-2srTkrHt1_ST4ljaix7ZcRulGZca52</a>	Nevin
10:00am-10:50am	<b>Trust: What is It and How to Build It</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZUlceihrDotHNIQKzScF-ic8kqfognSE5qp">https://eptha.zoom.us/meeting/register/tZUlceihrDotHNIQKzScF-ic8kqfognSE5qp</a>	Nevin
11:00am-11:50am	<b>Advocating for Your Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZwoc--rrTljE91mkvsT-WgLR6jw4nb_63w_">https://eptha.zoom.us/meeting/register/tZwoc--rrTljE91mkvsT-WgLR6jw4nb_63w_</a>	Kerri
1:00pm-1:50pm	<b>IN PERSON GROUP Guilt vs. Shame</b>	Mellisa
<b>FRI Oct 7</b>		
10:00am-10:50am	<b>Open Process</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZ0kde-tqz0pEtN4wAymJfNjtJ8BKkcySwoA">https://eptha.zoom.us/meeting/register/tZ0kde-tqz0pEtN4wAymJfNjtJ8BKkcySwoA</a>	Nevin
10:00am-11:50am	<b>Drum Making (LIMIT 6)</b> Register by email: <a href="mailto:KZanoni@eptha.com">KZanoni@eptha.com</a>	Kerri
12:00pm-12:50pm	<b>No Group</b>	Samantha
1:00pm-1:50pm	<b>Moms in Recovery</b> <a href="https://eptha.zoom.us/join/https://eptha.zoom.us/meeting/register/tZArcuCsrdWpEtw65-ORThU8QQBiQW4wVdU3">https://eptha.zoom.us/meeting/register/tZArcuCsrdWpEtw65-ORThU8QQBiQW4wVdU3</a>	Mellisa
1:00pm-1:50pm	<b>IN PERSON Orientation</b>	Susannah
2:00pm-2:50pm	<b>No Group</b>	Samantha
<p><b>Schedule posted at <a href="http://www.eptha.com">www.eptha.com</a></b></p> <p><b>All Zoom Groups require registration. Below are some instructions:</b></p> <ol style="list-style-type: none"> <li>1. Select the group you want to register for by clicking the hyperlink next to counselor name</li> <li>2. Hyperlink will take you to Zoom registration page</li> <li>3. Complete registration for group with password: puyallup</li> <li>4. You will need valid email for registration</li> <li>5. Once approved you will be receiving email with link for group</li> <li>6. At time of group open email and click link for group and begin</li> </ol>		