

ZOOM GROUP SCHEDULE WEEK OF November 21-25		
Day/Time	TOPIC or Process	FACILITATOR
MON Nov 21		
10:00am- 10:50am	Men and Recovery https://eptha.zoom.us/meeting/register/tZlpduytqz4tE9J0raiVwV0efVri68ZwQnfE	Nevin
11:00am- 11:50am	CBT, What Is It? https://eptha.zoom.us/meeting/register/tZ0tfuuppjksGdT-ZoldhMNXhABEHnoQrMKh	Samantha
1:00pm- 1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZlsc-qhqDMjEtC_IXL0sAWHCjNgXbrfMXbY	Kerri
1:00pm- 1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZUqcOitrjooGdE-5FSBIF_I45uUK44PSoVZ	Susannah
2:00pm- 2:50pm	Core Beliefs CBT https://eptha.zoom.us/meeting/register/tZYrdOmuqDliGNdsjeOI0LevM44jI2IYmTSo	Mellisa
TUE Nov 22		
11:00am- 11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZclfu6rrDgtHtQ8uqRsagKQ9UTJYBFTiGqg	Samantha
1:00pm- 1:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm- 1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZwsdeirqTkpE9O103Uu1WEbfc9wsp9nmDzl	Susannah
4:00pm- 4:50pm	Positive Affirmations https://eptha.zoom.us/meeting/register/tZUpcO-trTsrHtTndqEw7IICFr0b94X2amLc	Mellisa
WED Nov 23		
10:00am- 10:50am	IN PERSON GROUP Holiday and Recovery	Nevin
11:00pm- 11:50pm	Home for The Holidays https://eptha.zoom.us/meeting/register/tZclcu-uqz0jHtOm2dOec8oUYSZRgBCfkEyK	Kerri
3:00pm- 3:50pm	CLOSED AT NOON	Samantha
4:00pm- 4:50pm	Potlatch Days	Samantha
THU Nov 24	CLOSED	
8:00am- 8:50am	Potlatch Days	Nevin
10:00am- 10:50am	CLOSED	Nevin
11:00pm- 11:50pm	Potlatch Days	Kerri
1:00pm- 1:50pm	CLOSED	Mellisa
FRI Nov 25	Potlatch Days	
10:00am- 10:50am	CLOSED	Nevin
10:00am- 11:50am	Potlatch Days	Kerri
12:00pm- 12:50pm	CLOSED	Samantha
1:00pm- 1:50pm	Potlatch Days	Susannah
1:00pm- 1:50pm	CLOSED	Mellisa
2:00pm- 2:50pm	Potlatch Days	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE		
WEEK OF November 28 - December 2		
Day/Time	TOPIC or Process	FACILITATOR
MON Nov 28		
10:00am-10:50am	Men in Recovery https://eptha.zoom.us/meeting/register/tZAvCO2urDwsGd1IXlvOMzIV8-LjKA5J1f82	Nevin
11:00am-11:50am	Bio-Psycho-Social-Spiritual https://eptha.zoom.us/meeting/register/tZludEYgrz0vEtIqFVKKaiNsyolZL51IKjyq	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZ0sfuqqD0iEtf7R6OFb-broUA6rruhH4GE	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZctdOCqrDotGdYdjsDEGLvYR4adUxvtbcha	Susannah
2:00pm-2:50pm	Gratitude https://eptha.zoom.us/meeting/register/tZ0qc-6qrj0iG9ZPuq5pWDRIT3-Nir6oG0hu	Mellisa
TUE Nov 29		
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZEsduvqj4jG9LUzQo2VFccs_GhaGkIHPNg	Samantha
1:00pm-1:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZckdeCvrDkrE9XYwg3qjazU_pvmR1ynzciO	Susannah
4:00pm-4:50pm	Grief and Loss https://eptha.zoom.us/meeting/register/tZYtcOqprDsvE9JaWvPrFUuQubp9qjqu3iu5	Mellisa
WED Nov 30		
10:00am-10:50am	IN PERSON GROUP How to Rebuild Trust	Nevin
11:00pm-11:50pm	Relationships 101 https://eptha.zoom.us/meeting/register/tZwkdoqhQD0rHdQaAJwgyBDmYHEM6Ah0cbQn	Kerri
3:00pm-3:50pm	Negative Thinking Traps https://eptha.zoom.us/meeting/register/tZwudOyqzooG9NSU6-IG6vb2ipRT9fk9qWQ	Samantha
4:00pm-4:50pm	Wise Mind https://eptha.zoom.us/meeting/register/tZ0lcO-sqzlsGdMQ0kstOGTJvotiR5-Wpucx	Samantha
THUR Dec 1		
8:00am-8:50am	Coffee and Reflections on Recovery https://eptha.zoom.us/meeting/register/tZUqdO6vqD4vE9bVM6VzbpaO365L-E0lxRMm	Nevin
10:00am-10:50am	Anxiety: What is It? https://eptha.zoom.us/meeting/register/tZEucv6rpiMvG9XVer6GCBGKWbPXC3q4aHp2	Nevin
11:00am-11:50am	Step 12 https://eptha.zoom.us/meeting/register/tZYoce-vrj8tGdwoXhmCvCvxzb8CIFld-5TB	Kerri
1:00pm-1:50pm	IN PERSON GROUP Spiritual Sticks	Mellisa
FRI Dec 2		
10:00am-10:50am	Open Process https://eptha.zoom.us/meeting/register/tZEqc--upjwsG9aENoz9oQmJOI_GPwg8s5OD	Nevin
10:00am-11:50am	Drum Making (LIMIT 6) Register by email: KZanoni@eptha.com	Kerri
12:00pm-12:50pm	IN PERSON GROUP Fun in Recovery	Samantha
1:00pm-1:50pm	IN PERSON Orientation	Susannah
1:00pm-1:50pm	Moms in Recovery https://eptha.zoom.us/meeting/register/tZlkc-uurz0rGtzxJbCE4grdpdVhuvtJ-nyl	Mellisa
2:00pm-2:50pm	Goal Setting https://eptha.zoom.us/meeting/register/tZ0vce2vqzoiG9YF1yWwTpFI30gqZK53jDH-	Samantha
	Schedule posted at www.eptha.com All Zoom Groups require registration. Below are some instructions: <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 	